



“Name that Neighborhood” - See page 2 for the answer!

612-277-2529

October 2017

eastsidemeals.org

Serving meals and smiles to our neighbors in NE and SE Minneapolis and St. Anthony Village

### Meet Our Newest Board Members



Susan Higgins moved to St. Anthony Main are in 2013 from Charlotte, North Carolina, where she had been active in her local community. Her involvement at her children's schools PTOs included serving terms as President at the elementary and high school. In 2011, she was elected President of the Democratic Women of Mecklenburg County and led that group in providing volunteer support for the 2012 Democratic National Convention.

Since moving to Minneapolis, Susan and her husband, Chris, have focused on food insecurity by supporting Second Harvest. Aging in place is one of Susan's other passions and Eastside Meals on Wheels allows her to combine both her interests. She enjoys delivering meals in the Northeast neighborhoods so like those in Massachusetts, where she grew up. “My son had to learn the US Presidents in order in elementary school and we made a game out of it. I play that game as I drive among the streets named for them.” Susan looks forward to bringing her event planning and fundraising skills to the Eastside Meals on Wheels Board.



My wife and I retired in 2016, me after 45 years in the book business, Pam from a career in Human Resources. Our two children and their families, including three wonderful grandchildren, live in the Twin Cities. After retirement, Pam and I wanted to devote some time to the community by volunteering at EMOW and began delivering meals to our NE neighbors. My personal inspiration and first connection to the meals on wheels program was (and still remains) my father and stepmother. At 94, my Dad continues to deliver meals in the Crystal/Robbinsdale area. Whether we can match that, I don't know. But we share their belief in the EMOW mission, getting nutritious meals to people in need and providing a friendly face to check in on those we serve. We also happen to think we get as much from them as they do from us. As we got involved, our interest and participation in EMOW grew until I eventually became

a candidate for the board.

### Mission Nutrition Dining Edition

Mission Nutrition Dining Edition, a fundraiser to support our local home delivered meal service to isolated neighbors in St Anthony Village and in Northeast and Southeast Minneapolis area. All the fun happens on Thursday, October 5th at the following restaurant partners:

***The Anchor Fish and Chips, Draft Horse, Element Pizza, Emily's Lebanese Deli, Marino's Deli, Moose Bar and Grill, Red Stag Supperclub, Stanley's Northeast Bar Room, and UP Coffee Roasters.***

Participating restaurants will be donating a portion of their receipts or a large cash donation to Eastside Meals on Wheels as part of this annual campaign. Be sure to let them know that you are there to support Eastside Meals on Wheels Program. All donations will help pay for meals for our isolated neighbors in Northeast and Southeast Minneapolis and the St Anthony area. No reservations taken. According to Eastside Meals on Wheels Executive Director Eileen Hafften, “Our Meals on Wheels program is excited about our local restaurant partnerships. Our network will draw new customers from the community and this event allows the businesses to give back to the neighborhood. Our expansive outreach to homebound individuals is so important because there are many isolated people who are unable to consistently prepare a hot nutritional meal for themselves. Our daily visit with a friendly smile from caring volunteers ensures that we are keeping an eye on our homebound neighbors who may not reach out on their own”. The Eastside Meals on Wheels budget relies on contributions from area businesses, churches, social service groups, memorials, fundraising activities and generous individuals. For more information about meal delivery, donating or volunteering at EASTSIDE MEALS ON WHEELS, INC. please call us at 612-277-2529 or visit [www.EastsideMeals.org](http://www.EastsideMeals.org)



It is with the saddest heart that I pass on the following. Please join me in remembering a great icon. The Pillsbury Doughboy died yesterday of a yeast infection and complications from repeated pokes in the belly. He was 71. Doughboy was buried in a lightly-greased coffin. Dozens of celebrities turned out to pay their respects, including Mrs. Butterworth, Hungry Jack, the California Raisins, Betty Crocker, the Hostess Twinkies, and Cap'n Crunch. The grave site was piled high with flours as long-time friend, Aunt Jemima, delivered the eulogy, describing Doughboy as a man who never knew how much he was kneaded. Doughboy rose quickly in show business, but his later life was filled with turnovers. He was not considered a very "smart" cookie, wasting much of his dough on half-baked schemes. Despite being a little flaky at times, he -- even still, as a crusty old man -- was considered a roll model for millions. Toward the end, it was thought he would rise again, but alas, he was no tart. Doughboy is survived by his wife, Play Dough; two children, John Dough and Jane Dough; plus they had one in the oven. He is also survived by his elderly father, Pop Tart. The funeral was held at 3:50 for about twenty minutes.



Leaves do fall. Improve your health while helping a senior citizen remain independent in their home! You choose the date & time to rake/clean up the yard. Perfect for individuals, groups, and families. Starting mid-October (depending upon the weather) until the snow stays. This is a one-time fun unpaid activity available weekdays & weekends. Feel free to sign up multiple times! Exact location TBD in Minneapolis or Suburban Hennepin County, depends upon where the senior citizen resides. Please contact the Household & Outside Maintenance for Elderly (HOME) Program's Volunteer Coordinator at [scsvolunteer@seniorcommunity.org](mailto:scsvolunteer@seniorcommunity.org) or call (952) 767-7894 for more information. The HOME Program number is (952) 746-4046 or [home@seniorcommunity.org](mailto:home@seniorcommunity.org), if a senior age 60+ needs raking or other services in Hennepin County. Senior Community Services is a nonprofit organization with five programs serving elders and caregivers statewide. For more information please visit [www.seniorcommunity.org](http://www.seniorcommunity.org) or call (952) 541-1019. Seniors outside of Hennepin County should contact the Senior Linkage Line at (800) 333-2433 for information about services in their area. Thank you!

EMOW is looking for volunteers to help with the following events/projects



**Cub Foods Bagging** – On Wednesday, November 22nd, EMOW will be participating in a fundraising activity with Cub Food (Quarry location). We will be assisting customers by bagging their groceries. You can help in two ways – shop for your holiday groceries on this day or by volunteering to be a 'bagger'. We appreciate all your support. If you have questions, please contact the office @ (612) 277-2529.

Holiday Schedule

EMOW will be closed on Thursday and Friday, November 23rd & 24th, 2017. Your meals will be delivered on Wednesday, November 22nd,

EMOW will be closed on Friday and Monday, December 22nd & 25th, 2017. Your meals will be delivered on Thursday, December 21st, 2017.



Eastside Meals on Wheels will be participating in the Walk to End Hunger fundraising event again this year on Thanksgiving morning, Thursday, November 23<sup>rd</sup>. This is an opportunity to raise awareness about hunger issues facing seniors and people with disabilities in our communities. It is also an opportunity for EMOW to raise money for our program. You can participate by walking with our team or making a donation to our team. For more information, contact Mary Mennenga at (763) 242-2471.

**ANSWER: Name that Neighborhood:**

If you guessed golf course and not cemetery, you were right. This is the Columbia Golf Club located in the Columbia Park neighborhood just west of Central Ave.